



Sonnenalp Spa

Where Vail Comes to Relax™

2016-2017 Rates

20 Vail Road, Vail, Colorado 81657, USA

1-800-654-8312 • 970-479-5404

www.sonnenalpspa.com • spa@sonnenalp.com

MASSAGE TREATMENTS

Signature Massage Treatments

Signature Massage
50 Minutes \$150
80 Minutes \$225

Signature Aromatherapy
50 Minutes \$155
80 Minutes \$225

Deep Therapeutic Massage
50 Minutes \$170
80 Minutes \$235

Mountain Sports Massage
50 Minutes \$155
80 Minutes \$225

Couples Massage
50 Minutes \$300
80 Minutes \$450

Couples Deep Tissue Massage
50 Minutes \$320
80-Minutes \$470

20-Minute Invigorating Massage
\$80

Far Infrared Biomat
50-Minute Treatment \$25
80-Minute Treatment \$30

Specialized Massage Treatments

Warm Herbal Poultice Massage
80 Minutes \$230

Head and Toes Thai Poultice
Massage
50 Minutes \$165

Acutonics
50 Minutes \$165
80 Minutes \$240

Heated Stone
75 Minutes \$235

Prenatal Massage
50 Minutes \$160

Spa Reflexology
20 Minutes \$90
50 Minutes \$165

20-Minute Hand and Foot
Combination \$80

20-Minute Hot Oil Scalp
Massage \$80

BODY TREATMENTS

Signature Seasonal Scrub
50 Minutes \$160
80 Minutes \$200

Bavarian Body Polish
50 Minutes \$160
80 Minutes \$200

Mountain Radiance Scrub
50 Minutes \$160
80 Minutes \$200

Signature Seasonal Wrap
80 Minutes \$210
110 Minutes \$280

Detoxifying Mud Wrap
80 Minutes \$210
110 Minutes \$280

High Alpine Hydrating Wrap
80 Minutes \$210
110 Minutes \$280

Healing Arnica Back Treatment
50 Minutes \$175

ENHANCEMENTS

*Can only be added on to select
massage and body treatments*

20-Minute Head, Neck
and Scalp Massage \$65

20-Minute Foot Massage \$65

20-Minute Reflexology \$65

FACIALS

Leading Results Facials

Signature Facial
50 Minutes \$155

Men's Signature Facial
50 Minutes \$155

Phyto-Stem Cell
50 Minutes \$175

Lymphatic Facial
50 Minutes \$155

HydraFacial
50 Minutes \$220
80 Minutes \$295

Add on Back treatment \$65

Add on Arm Treatment \$65

Add in Decollete
Treatment \$65

Add in Eye and Lip
Dermabuilder Treatment \$20

Extended Results Facials
Enhanced Signature Facial
80 Minutes \$210

Deluxe Caviar Facial
80 Minutes \$220

Rejuvenating Peels

Vitamin C Peel
50 Minutes \$150

Retinol Facial
50 Minutes \$160

Select Facials

Soundscapes
50 Minutes \$150
80 Minutes \$200

Classic Facial
50 Minutes \$145

ENHANCEMENTS

Can only be added on to select facial services

50-Minute Reflexology \$130

20-Minute Head, Neck and Scalp Treatment \$65

20-Minute Foot and Calf Treatment \$65

Firming Eye and Lip Treatment \$65

Hand or Foot Paraffin Treatment \$20

HAND & FOOT CARE

Classic Manicure
40 Minutes \$60

Deluxe Manicure
50 Minutes \$70

Classic Pedicure
40 Minutes \$65

Deluxe Pedicure
50 Minutes \$75

Classic Combination
80 Minutes \$100

Young Adult Combination
50 Minutes \$60
Single service \$35 each

Ion Spa Detoxifying Foot Treatment
50 Minutes \$75
80 Minutes \$120

Polish Change
20 Minutes \$50

Gentleman's Nail Grooming
20 Minutes \$50

ENHANCEMENTS

Can only be added on to select hand and foot services

20-Minute Foot & Calf Treatment with any Pedicure \$65

Shellac Removal \$35

WAXING AND TINTING

Waxing

Lip, Brow, Chin or Nose \$25

Neck \$25

Full Face \$45

Underarms \$40

Half Leg \$50

Full Leg \$75

Half Arm \$50

Chest \$70

Back \$70

Bikini \$45

French Bikini \$60

Brazilian \$80

Tinting

Brows \$30

Lashes \$40

SPA PACKAGES

Sonnenalp Signature Package \$340

Gentleman's Renewal \$290

Detox Package \$340

Mom-to-be Package \$340

Romance Package \$710

Express Spa Package \$220

Ask how to build your own custom package!

For your convenience, an automatic 20% gratuity will be added to each treatment. You are welcome to modify it as you wish upon check-out.

We answer your most frequent questions so you may enjoy the ultimate Spa experience.

Who can guide me in choosing my treatments? Our Spa Concierge will help you plan the perfect Spa experience, including the best order for your treatments.

What if I have special health considerations? Please notify our Spa Concierge before booking your treatments if you have high blood pressure, allergies, any physical ailments or disabilities or if you are pregnant. If you have any concern at all, please let us know. If at any time during your services you experience discomfort, please alert your therapist immediately.

When should I arrive? For your comfort and relaxation, we suggest that you arrive 30 minutes before your scheduled treatment. This will allow you to relax in our relaxation lounge, sauna, steam room and whirlpool. Please check in at the Spa Desk upon arrival. You will be given access to a locker, robe and slippers to change into. Please remember to check out when you are finished.

What should I wear during my treatment? Most body treatments are enjoyed without clothing. However, please wear whatever is comfortable for you. During all treatments, the body is fully draped, except for the area being worked on. Before and after your treatment, robes and slippers are provided in the men's and women's locker rooms.

How do I ensure my comfort? This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomforts or preferences. We request that cell phones and pagers be turned off in the Spa and we do not allow pets or smoking within the facility. Your privacy is a priority. Communication is the key to getting the treatment you want. Please discuss with your therapist areas to focus on and any areas to be avoided. You should not be uncomfortable at any time. We also offer healthy meal alternatives at the Spa Bar for your convenience.

Where can I leave my jewelry and valuables? If you are staying in the hotel, please leave valuable items in the safe in your guest room. Otherwise, lockers are available for your personal items in the Spa facility. We are not responsible for lost or stolen items.

Is there a minimum age for treatments and to use the Spa wet rooms, wellness center and pool? Our Spa is designed for guests who are 16 years of age or older. It is our goal to provide a tranquil atmosphere in the Spa. Children under the age of 16 are welcome at designated times in the pool areas only and must be supervised by an adult at all times. Running, yelling and loud play are not permitted. Children under the age of 16 receiving a Spa treatment must have a parent present in the treatment room.

What if I am pregnant? While there are a few services that should be avoided during pregnancy, there are many beneficial treatments that can be enjoyed. Please notify our Spa Concierge if you are pregnant when you make your appointments so that they can offer guidance.

Should I shave before a treatment? Shaving is recommended but not necessary for men prior to a facial. If you do choose to shave prior to your facial, be sure to do so at least two (2) hours prior to your scheduled appointment. Shaving is not recommended prior to any body treatments, hair removal services or pedicures.

What if I am late for my appointment? Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be applied.

What is the cancellation policy? If you must reschedule or cancel your appointment(s), please notify us twenty-four (24) hours before your scheduled appointment to avoid being charged the full service fee. Services booked on the same day will be subject to the full service fee upon cancellation, unless that service time can be re-booked to another guest. A credit card number is required at the time you book your treatments. Groups are subject to a two-week cancellation policy. Please see your Group Coordinator for additional information.

What about gratuities? Gratuities are not included in the treatment prices. For your convenience, an automatic 20% gratuity will be added to each treatment. This will be calculated on full price when discounts are applied. You are welcome to modify it as you wish upon check-out. Please remember to check out when you are finished. Any open accounts at the end of the day will be charged the 20% gratuity.

How can I pay for my Spa services? We accept all major credit cards, cash and traveler's checks. You may also charge Spa services to your hotel bill. Prices are subject to change without notice.

Are Gift Certificates available? Absolutely. You may purchase Spa Gift Certificates for a specific dollar amount or for particular services. The Spa Gift Certificates can be used towards services or towards purchases in our Spa Boutique.

May I use the pool and fitness facilities? Our pool and fitness facilities are provided for our hotel guests and non-hotel guests who are receiving services of 30 minutes or longer. Guests receiving 15 minute services may purchase a day pass for an additional \$10. If you are not staying in the hotel and wish to use the facility and do not have a Spa treatment booked, a daily access fee will be charged. Private yoga instructors and personal trainers are available by appointment. The Spa facilities are open from 6am to 10pm daily. The Spa desk and Spa treatments are available from 8am to 8pm daily.